

Career and College Readiness Lesson Plans–Content Overview

5th Grade
Learning About Myself Students will fill out “Career Interest Inventory-Pictorial Version”. Students will be placed in six different groups based on Holland Code categories. Students will create a group poster that shows activities they enjoy doing when they are not at school that corresponds with their group name.
Name That Job Students will participate in a group activity game to explore tasks and activities performed in a variety of occupations. Students will reflect on experience and express new knowledge orally and in writing.
What’s the Market for My Labor? Students will learn about the existence of the labor market and that it is important to understand that certain jobs are in demand and others are not. Students will explore Labor Market Information on the federal CareerOneStop Web site.
Studying for Careers Students will learn effective study habits can translate into career skills which are critical for success in the workplace. For example, study habits such as time management, setting priorities, and taking responsibility are essential career skills.
Who Am I? Students will further develop awareness of their personal interest by completing the Let’s Party handout and reviewing a Holland Code and occupations handout. They will be able to match their Holland Code interests to related occupations.
6th Grade
Me and My Career Students will be introduced to the California CareerZone Web site. Using the CareerZone Quick Assessment, students will explore job families and occupations that may be relevant to them.
My Dream Career Students will use the California CareerZone to research a potential occupation and deliver a PowerPoint Presentation about the occupation they select. This lesson is designed to strengthen students’ awareness of occupations they could pursue in the future.
I Have “M.I.” Strengths! Students will learn about Multiple Intelligences (MI) theory and explore the types of intelligence: Music, Visual, Language, Nature, Math, Physical, People and Self. Students will take an inventory to assess their MI strengths and identify an occupation that is a match to their MI strengths.
Roadmap to Success Students will learn about SMART goal setting and develop a roadmap to plot their short- and long-term career-related goals and then use this roadmap as a personal plan of action to track their progress and celebrate their achievements.
An Online Tool I Can Use Students will be introduced to the California Career Center Web portal as a tool they can use for high school, career, and college exploration and planning.

California Career Resource Network (CalCRN)/California Department of Education

The Career and College Readiness Plans are posted on the CalCRN Web site at <http://www.californiacareers.info/#Lessons>.

7th Grade
<p>Planning for Middle and High School Students will use the California Career Center Web portal to assist them with middle and high school planning by creating an account and developing an initial High School Plan.</p>
<p>Workplace Skills Students will be introduced to 21st Century Skills they need to develop to be successful in the workplace. Students will work in groups to develop posters related to using 21st Century Skills in the workplace.</p>
<p>My Future Lifestyle Students will use the California CareerZone Make Money Choices feature to explore the costs related to certain lifestyle choices and create a budget based on those choices. They will identify occupations with salaries that will support their budgets.</p>
<p>Possible Careers Students will use the CareerZone Interest Profiler to learn about themselves; students will also explore career options including STEM occupations.</p>
<p>Where Am I Going? Students will use the California CareerZone to compare three occupations and then research one occupation in order to make a presentation to the class.</p>
<p>The Next 6 Years Students will complete a worksheet to plan their middle and high school courses. They will analyze how these courses will help them reach their initial postsecondary goal.</p>
8th Grade
<p>Preparing for My Future Students will identify both school- and community-based activities that will provide them with experiences related to their long-term career goals.</p>
<p>Transitioning to High School Students will explore middle to high school transition tips on the California Career Center and develop a Transition Action Plan.</p>
<p>Exploring Military Career Options Students will learn about the wide range of career options available in the military and understand how to progress in a career in the military.</p>
<p>How to Succeed in Life Students will develop an understanding of six success traits and apply them to their own lives.</p>
<p>Evaluating Web Sites Students will learn to use Web-evaluation criteria to evaluate information they find online.</p>
<p>Safe at Work Students will be introduced to the topics of workplace safety and workers' rights.</p>

9th Grade
<p>What Skills Do I Need? Students will learn about the transferable and job-specific skills needed to compete in the labor market. They will use the California CareerZone as a research tool and then create or modify their Career Action Plans.</p>
<p>Gaining By Giving Students will learn how they can develop career-relevant skills by researching opportunities available at community service organizations.</p>
<p>Plagiarism is Stealing! Students will learn about the importance of properly citing information and the possible consequences of plagiarizing.</p>
<p>Learning the Skills to Pay the Bills Students will learn about the benefits of participating in Career Technical Education (CTE) and research to find CTE courses and/or career pathways that are available to them.</p>
<p>What's the Plan? Students will compile relevant information necessary to create a High School Plan and save their information in their accounts on the California Career Center Web portal.</p>
<p>Matchmaking: Interests & Careers Students will select and research occupations based on individual interests using the California CareerZone Interest Profiler. They will utilize their research to create or modify their Career Action Plans.</p>
10th Grade
<p>Choosing My Lifestyle Students will create a budget necessary to provide a desired lifestyle and identify occupations that pay enough to support that lifestyle.</p>
<p>What Matters to Me? Students will use the California CareerZone Work Importance Profiler to become aware of their values as they relate to their work and personal motivations. Students will identify how their values impact their occupational choices.</p>
<p>What's a Hot Job? Students will use the federal CareerOneStop Web site to explore labor market information (LMI) factors and learn about the role LMI can play in career decision making.</p>
<p>I'm Ready to Work Students will learn the key requirements of a standard job application and create a draft application to serve as a master application for future reference.</p>
<p>What Are My Options Students will explore and compare several postsecondary options based on student-developed criteria. Options include apprenticeship, AmeriCorps, military service, and education.</p>

11th Grade
<p>What Occupation Interests Me? Students will use the California CareerZone to explore occupations related to their interests and create a PowerPoint presentation.</p>
<p>My Best Resume Students will learn how to develop an effective resume and use the California CareerZone Resume Builder.</p>
<p>Hazards in the Workplace Students gain a basic understanding of workplace safety and ways to reduce workplace injuries.</p>
<p>Due Dates, Deadlines & Decisions Students will learn about the variety of due dates, deadlines, and forms involved in the college application and financial aid process.</p>
<p>Ready, Set, Test! Students will learn about three common examinations used for entrance into selected postsecondary opportunities (ACT, SAT, ASVAB). Students will learn and practice test-taking strategies which are designed to improve student performance.</p>
<p>College: Plan Well and Pay Less Students will research and analyze the cost of postsecondary education and analyze different ways of paying for it.</p>
12th Grade
<p>Telling My Story Students will develop a personal statement that can be used in the college admissions process or as the basis for application to other programs that require a personal statement.</p>
<p>Writing Right Students will learn how to write effective business letters including cover letters, thank you letters, and others. They will use the California CareerZone to create and save draft letters.</p>
<p>Etiquette? What's That? Students will learn about business etiquette and create a visual storyboard to demonstrate that knowledge.</p>
<p>Learn to Reach Out Students will research professional associations through the lens of networking and social media and conduct an informational interview.</p>
<p>In the Interview Hot Seat Students will learn about commonly used interview questions and how to appropriately respond to them.</p>
<p>What's Next? Students will finish creating their California Career Center Career Action Plans describing what they plan to do after high school. They will incorporate into their plans content from their previously completed Career and College Readiness Lesson Plans.</p>